

**Want more success
for your child?**



As a parent we all have great expectations and dreams for our children.

What if you could positively create an environment that gives your child a better chance in life ?

What if it doesn't matter how intense or laid back your child is?

What if you could empower the greatness within your child?

What if you and your child could have a closer and more meaningful relationship?



Solutions 2 Wellbeing

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**Solutions 2
Wellbeing**

Transforming
Intense Children

**From
Good to Great
Parenting**



The Nurtured Heart Approach



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Making parenting more positive for you and your kids.

You can create a meaningful relationship that empowers your child to greatness.

What you have learned so far as a parent works great for about 80% of children. Unfortunately those wonderful parenting skills are agitating for the intense child and can result in the child being more uncontrolled.

- **Does taking away things work?**
- **Do conventional time-outs work?**
- **Does arguing work?**
- **Do lectures work?**

Parenting intense children is a different challenge. Intense children perceive that there is more relationship and more energy flowing to them when things are not going right. That's why traditional parenting techniques are not as effective.



Parents are the key to any child's success.

With your new found approach to parenting your child can learn to seek your attention, love and affection in more positive and successful ways. **Children of all ages will begin to:**

- **feel more confident**
- **make wiser choices**
- **gain power and control over his intensity**
- **seek more positive behaviors**

These traits benefit all children regardless of their temperament.

Learning new parenting skills that address the complexities of intense children is one of the most effective approaches a parent can take in dealing with the conflicts. Our certified trainers will teach you techniques designed by national expert Howard Glasser and the **Nurtured Heart Approach**. In a very short time, you will begin to see that practicing the **NHA** is very rewarding for both you and your child.

The Nurtured Heart Approach works with all children but is especially effective with:

- **Difficult Behavioral Issues**
- **ADHD**
- **Reactive Attachment Disorder**
- **Oppositional Defiant Disorder**

Tuition is \$200.00 **per family** for advance payment or six (6) **installations** of \$40.00. For class dates see solutions2wellbeing.com.